ABOUT THE PATIENT

Name _____ Today's Date_____ Birthdate _____ Age_____

Address _____City _____ State _____ Zip _____

Cell Phone _____ Height _____ Weight_____ Gender ❑ M ❑ F

Significant Other's Name _____ Kid's Names and Ages _____

Your Employer _____ Type of Work _____

e-Mail Address _____ Have you been to a chiropractor before? □ No □ Yes

How did you hear about us? ❑ Website ❑ Internet Search ❑ Referral From _____

Emergency Contact _____ ph. # _____

Name of Medical Doctor(s)_____

- I authorize the doctor or his staff to render care as deemed appropriate for me and / or my child.
- I authorize Fit for Life Chiropractic to release and / or request records to or from other providers as may be necessary.
- I understand I am responsible for all bills incurred in this office.
- I authorize assignment of my insurance benefits (if applicable) directly to the provider.
- Person responsible for this account if other than the patient? _____
- I understand that after any initial promotional services all care is rendered at usual and customary fees.
- For my balance my preferred payment method is: ❑ Cash ❑ Check ❑ Credit Card ❑ Car/Work Ins.

_____ _____

Patient / Parent Signature (This represents a long term authorization for all occasions of service) Date

REASON FOR SEEKING CARE

PRESENT COMPLAINTS

1. _____ How long has this been an issue? _____ Pain Scale (ten being the worst)? 1 2 3 4 5 6 7 8 9 10

Is it: ❑ Dull ❑ Sharp ❑ Ache ❑ Numb / Tingle ❑ Stabbing

❑ Constant ❑ Occasional ❑ Staying the same ❑ Getting worse ❑ Worse in the morning ❑ Worse in evening

❑ Mild ❑ Moderate ❑ Severe ❑ Pain radiates to_____

2_____ How long has this been an issue? _____ Pain Scale (ten being the worst)? 1 2 3 4 5 6 7 8 9 10

Is it: ❑ Dull ❑ Sharp ❑ Ache ❑ Numb / Tingle ❑ Stabbing

❑ Constant ❑ Occasional ❑ Staying the same ❑ Getting worse ❑ Worse in the morning ❑ Worse in evening

❑ Mild ❑ Moderate ❑ Severe ❑ Pain radiates to_____

3. **Are you Pregnant?** ❑ Yes: How many weeks? _____ ❑ No

4. Does your condition affect: ❑ Sleep ❑ Work ❑ Daily Routine ❑ Sitting ❑ Driving

5. What makes it better? ❑ Ice ❑ Heat ❑ Medication ❑ Other: _____

6. What makes it worse? ❑ Bending ❑ Sitting ❑ Standing ❑ Other: _____

7. What Doctor's have you seen for this? _____

_____

8. Type of treatment: _____

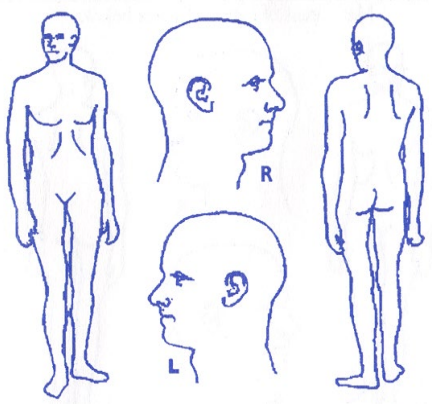
9. Results: _____

NOTES: _____

_____

_____

Please mark all areas of concern.



GENERAL HEALTH HISTORY

Patient Name_____ *Mark the conditions that apply to you.*

Past	Present		Past	Present	
❑	❑	Headaches/Migraines	❑	❑	Urinary Problems
❑	❑	Arm/ Hand Numbness or Tingling	❑	❑	Easy Bruising
❑	❑	Shortness of Breath	❑	❑	Tobacco Use
❑	❑	Allergies / Asthma	❑	❑	Dental Problems
❑	❑	Medication Side Effects	❑	❑	Fibromyalgia
❑	❑	Diabetes/ Prediabetes	❑	❑	Blood Thinner use
❑	❑	Cold Hands or Feet	❑	❑	HIV Positive
❑	❑	Muscle aches	❑	❑	Cancer
❑	❑	Trouble Walking	❑	❑	Depression/ Anxiety
❑	❑	Leg / Foot Numbness or Tingling	❑	❑	Skin Issues
❑	❑	Fainting	❑	❑	___High or ___Low Blood Pressure
❑	❑	Gall Bladder Trouble	❑	❑	Stroke History
❑	❑	Ringing in Ears	❑	❑	High Cholesterol
❑	❑	Ear Problems	❑	❑	TMJ
❑	❑	Sleeping Problems	❑	❑	Digestive Problems
❑	❑	Vision Problems	❑	❑	Pain all Over
❑	❑	Thyroid Problems	❑	❑	Tension / Irritability
❑	❑	Liver Disease	❑	❑	Chest Pains
❑	❑	Kidney Problems	❑	❑	Male/ Female Problems
❑	❑	Light Sensitivity	❑	❑	Heart Pacemaker
❑	❑	Unexplained Weight Loss	❑	❑	Heart Problems
❑	❑	Other _____			

1. List any medications you are taking:_____

_____

2. Please list all doctors you are currently seeing: _____

_____

_____

PAST HISTORY

4. List any past auto collisions: _____ Was any care received? _____
5. List any past work injuries: _____ Was any care received? _____
6. List any past sport, recreational, or home injuries_____
7. Please describe any past conditions and treatment received: _____

_____

8. Please list any past hospitalizations and surgeries: _____

_____

FAMILY HISTORY

Father's side: □ Heart Disease □ Cancer □ Diabetes □ Heavy Medication use □ Arthritis □ Other_____

Mother's side: □ Heart Disease □ Cancer □ Diabetes □ Heavy Medication use □ Arthritis □ Other_____

Is there any other family history you want us to know? _____